



	January	February	March	April	May	June
Apples	Season Ending					
Apricots					New in season	In good supply *
Artichoke		New in season	In good supply *	In good supply *	Season Ending	
Asparagus		New in season	New in season	In good supply *	Season Ending	
Avocado						
<i>Fuerte</i>	Season Ending					
<i>Hass</i>	New in season	In good supply	In good supply	In good supply	Season Ending	
Basil						New in season
Beans						
<i>Black Eye</i>						
<i>Fava</i>				New in season	In good supply	Season Ending
<i>Green</i>					New in season	New in season
Beets	Season Ending			New in season	In good supply	Season Ending
Berries						
<i>Blackberries</i>					New in season	In good supply *
<i>Blueberries</i>					New in season	In good supply
<i>Boysenberries</i>					New in season	In good supply *
<i>Cranberries</i>						
<i>Raspberries</i>					New in season	In good supply
<i>Strawberries</i>					New in season	In good supply
Broccoli	In good supply	In good supply *	In good supply	In good supply	Season Ending	
Brussels Sprouts	In good supply	Season Ending				
Cabbage	In good supply		In good supply *	In good supply	Season Ending	
Carrots	In good supply		In good supply *	In good supply	Season Ending	Season Ending
Celery	In good supply				Season Ending	
Cauliflower	In good supply		In good supply *	In good supply	Season Ending	
Cherries					New in season	In good supply *
Citrus						
<i>Grapefruit</i>	In good supply	In good supply *	In good supply	In good supply	Season Ending	
<i>Lemon</i>	In good supply *	In good supply	In good supply	Season Ending		
<i>Limes</i>			New in season	In good supply	In good supply	In good supply *
<i>Mandarin; Tangerines</i>	In good supply *	In good supply	Season Ending			
<i>Orange, Navels</i>	In good supply		In good supply *	Season Ending		
<i>Orange, Blood</i>	In good supply *	Season Ending				
<i>Oranges, Valencia</i>						
Corn					New in season	In good supply
Cucumbers						New in season
Dill						New in season
Eggplant						
Fennel	New in season	In good supply	In good supply *	In good supply	Season Ending	
Fig						
<i>Calimyrna</i>						
<i>Kadota</i>						
<i>Mission</i>						New in season
Garlic						
<i>Artichoke</i>						New in season
<i>Green</i>		In good supply	In good supply *	Season Ending	Season Ending	

New in season

In good supply

Season Ending

* Seasonal Peak



	January	February	March	April	May	June
Grapes						Yellow
Greens						
<i>Chard</i>	Green	Green	Green	Green	Orange	
<i>Mustard; Collard</i>	Yellow	Green	Green*	Green	Orange	
<i>Spinach</i>	Green	Green	Green	Orange	Orange	
Kale	Green	Green	Green	Orange	Orange	
Leeks	Green	Green	Green	Orange		
Melons						
<i>Cantaloupe</i>					Yellow	Yellow
<i>Honeydew</i>					Yellow	Yellow
<i>Watermelon</i>					Yellow	Yellow
Nectarines						Yellow
Okra						Yellow
Onions						
<i>Green</i>	Yellow	Green	Green	Green	Green	Green
<i>Ramps</i>			Yellow	Green*	Green*	Orange
<i>Red</i>						Yellow
<i>Spring</i>		Yellow	Green	Green	Green	Orange
<i>Sweet</i>				Yellow	Green*	Green*
Parsnip						
Peaches					Yellow	Green
Pears						
<i>Anjou</i>	Green	Orange				
<i>Asian</i>						
<i>Bartlett</i>						
<i>Bosc</i>	Orange					
<i>Comice</i>	Orange					
Peas		Yellow	Green	Green*	Green*	Orange
Peppers						
Persimmons						
Plums / Prunes						
Pomegranate						
Pumpkins						
Radish		Yellow	Green	Green	Orange	
Rhubarb		Yellow	Green	Green*	Orange	
Rutabaga	Orange					
Salad Greens			Yellow	Green*	Green*	Orange
Shallots		Yellow	Green	Orange		
Squash						
<i>Summer</i>						Yellow
<i>Winter</i>						
<i>Zucchini</i>					Yellow	Green
Tomatoes						Yellow
Turnips	Orange					

New in season

In good supply

Season Ending

* Seasonal Peak

Complements of Budget Savvy



	July	August	September	October	November	December
Apples			*	*		
Apricots	*					
Artichoke				*		
Asparagus						
Avocado						
<i>Fuerte</i>						
<i>Hass</i>						
Basil			*			
Beans						
<i>Black Eye</i>			*			
<i>Fava</i>						
<i>Green</i>		*				
Beets						
Berries						
<i>Blackberries</i>						
<i>Blueberries</i>	*					
<i>Boysenberries</i>						
<i>Cranberries</i>					*	
<i>Raspberries</i>		*		e		
<i>Strawberries</i>						
Broccoli						
Brussels Sprouts						*
Cabbage						
Carrots						
Celery						
Cauliflower						
Cherries						
Citrus						
<i>Grapefruit</i>						
<i>Lemon</i>						
<i>Limes</i>						
<i>Mandarin; Tangerines</i>						*
<i>Orange, Navels</i>						
<i>Orange, Blood</i>						
<i>Oranges, Valencia</i>		*	*			
Corn	*	*				
Cucumbers		*	*			
Dill					*	
Eggplant			*			
Fennel						
Fig						
<i>Calimyrna</i>		*				
<i>Kadota</i>		*				
<i>Mission</i>		*				
Garlic						
<i>Artichoke</i>		*				
<i>Green</i>						

New in season

In good supply

Season Ending

* Seasonal Peak

Complements of Budget Savvy



	July	August	September	October	November	December
Grapes			*			
Greens						
<i>Chard</i>						
<i>Mustard; Collard</i>						
<i>Spinach</i>						
Kale						
Leeks						
Melons						
<i>Cantaloupe</i>		*				
<i>Honeydew</i>		*				
<i>Watermelon</i>		*				
Nectarines	*					
Okra		*				
Onions						
<i>Green</i>		*				
<i>Ramps</i>						
<i>Red</i>	*					
<i>Spring</i>						
<i>Sweet</i>						
Parsnip						
Peaches	*	*				
Pears						
<i>Anjou</i>						
<i>Asian</i>			*			
<i>Bartlett</i>		*				
<i>Bosc</i>						
<i>Comice</i>						
Peas						
Peppers						
Persimmons					*	
Plums / Prunes		*				
Pomegranate				*		
Pumpkins				*		
Radish						
Rhubarb						
Rutabaga					*	
Salad Greens						
Shallots						
Squash						
<i>Summer</i>	*	*				
<i>Winter</i>				*	*	
<i>Zucchini</i>	*	*				
Tomatoes			*			
Turnips						*

New in season

In good supply

Season Ending

* Seasonal Peak

Complements of Budget Savvy